

HELICHRYSUM

ESSENTIAL OIL

(Helichrysum italicum)



ALTA OILS LTD

www.altaoils.com

APPEARANCE	COLOUR	ODOR
transparent fluid	light yellow to orange	specific, sweet, honey-like
Relative density (g/cm ³)		0.880 – 0.900
Refractive index (20°C)		1.4780 - 1.4900

CONTENTS OF CHARACTERISTIC INGREDIENTS (BY GC), %

Neryl acetate	more than 7
α-pinene	more than 5
α-cedrene	more than 5
Geranyl acetate	more than 3
2-methyl cyclohexyl pentanoate	more than 3

THERAPEUTIC PROPERTIES

Helichrysum is the oil of choice for healing scar tissue, whether from a recent wound, operation, or tissue that has been scarred for years. It stops bleeding and helps a scab to form and tissue to repair itself. It can be added to a carrier oil and applied to stretch marks, acne scars, surgical scars, and wounds of all kinds. Helichrysum is also very effective for joint pain associated with rheumatoid arthritis. It is anti-inflammatory and has pain-reducing and analgesic effects. This oil helps one detox from alcohol, drugs, and nicotine, releasing the body and mind from addictive patterns. Helichrysum has a powerful anti-inflammatory action that can alleviate gum inflammation.