

GREEN MILFOIL

ESSENTIAL OIL

(Achillea millefolium)



ALTA OILS LTD

www.altaoils.com

APPEARANCE	COLOUR	ODOR
liquid	yellow-green	spicy, with camphor note

Relative density (g/cm ³)	from 0.890 to 0.937
Refractive index (20°C)	from 1.4700 to 1.4790
Acid value, mg KOH/g	not more than 10.0
Ester value, mg KOH/g	more than 20
Ester value after acetylating (mg KOH/g)	from 80 to 150
Contents of bound alcohols such as cineol, %	from 4.6 to 15.9
Contents of free alcohols such as cineol, %	from 16.00 to 25.23

CONTENTS OF CHARACTERISTIC INGREDIENTS (BY GC), %

Chamazulene	from 1 to 10
Borneol	from 2.0 to 15.0
Pinenes	not more than 20

THERAPEUTIC PROPERTIES

Milfoil oil is used for a wide variety of complaints, including chest infections, digestive problems, and nervous exhaustion. The Chinese use it for menstrual problems, and in Scandinavia, it is used for rheumatism. It is also helpful for skin problems such as acne and oily skin and to help reduce scarring.