

CORIANDER SEED

ESSENTIAL OIL

(*Coriandrum sativum*)



ALTA OILS LTD

www.altaoils.com

APPEARANCE	COLOUR	ODOR
clear, mobile liquid (heterogeneous mass below 35°C)	colourless to pale yellow	woody, light, earthy

Specific gravity	from 0.9380 to 0.9680
Refractive index (25°C)	from 1.460 to 1.473
Optical rotation (20°C) (°)	from +7.0 to +13.0
Flash point	65°C
Solubility	Soluble in alcohols and fixed oils; Insoluble in water

CONTENTS OF CHARACTERISTIC INGREDIENTS (BY GC), %

Linalool	from 40 to 85
α Pinene	from 3 to 7
Camphor	from 4 to 6
Myrcene	from 0.5 to 1.5

THERAPEUTIC PROPERTIES

Coriander seed oil can help relieve various digestive problems because of its natural carminative properties. It is used to treat bloating, flatulence, and to boost the appetite. It supports weight loss, detoxification, skin health, and stress relief, making it a versatile natural remedy. Because the oil supports lipolysis, it breaks down fats and cholesterol. When fat is broken down, you will lose weight sooner. It has highly effective antibacterial properties that can destroy many bacteria. Because of these properties, the oil can be used to tackle a range of conditions from skin complaints to oral infections. It can also be used to keep your body smelling fresh by eliminating the bacteria that cause body odor. Coriander seed essential oil also has excellent analgesic properties and can be used to treat a range of painful conditions. You can use the oil to help treat headaches, migraines, and even toothache. Coriander essential seed oil is used by athletes to relieve muscle cramping or spasms. The oil removes toxins such as uric acid and certain heavy metals. It also gets rid of certain kinds of compounds and hormones that the body produces. Foreign toxins are also eliminated from the blood.