CLARY SAGE

ESSENTIAL OIL

(Salvia sclarea)



ALTA OILS LTD

www.altaoils.com

APPEARANCE	COLOUR	ODOR
clear liquid	Colorless to pale yellow	Fresh, sweet, herbaceous, warm aroma with floral undertones

Relative density (g/cm³)	from 0.890 to 0.930
Refractive index (20°C)	from 1.455 to 1.470
Optical rotation (20°C) (°)	from -26° to -6°

CONTENTS OF CHARACTERISTIC INGREDIENTS (BY GC), %

Linalylacetate	from 50.6 to 70.5
Germacrene-D	from 1.2 to 7.5
Linalool	from 13 to 24
@- Terpineol	from 1.0 to 5.0
Sclareol	from 0.4 to 2.6

THERAPEUTIC PROPERTIES

Clary sage (Salvia sclarea) essential oil is a powerful and versatile natural remedy known for its wide range of health benefits. Extracted from the flowering tops and leaves of the clary sage plant through steam distillation, clary sage essential oil has been used for centuries to promote relaxation, balance hormones, improve skin health, and alleviate a variety of physical and emotional ailments.